

Lift LOCAL

Meander Valley

October 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Come & Try Mountain Biking	4	5 Come & exercise your creativity at a Writer's Workshop or two	6	7
8	9	10 No activity this week due to running School Holiday Program	11	12 No activity this week due to running School Holiday Program	13	14
15	16	17 Seniors Week Come & Try Gardening	18	19 Seniors Week Come & Try Tai Chi &/or Line Dancing	20	21
22	23	24	25	26 Come & Try Drumming followed by a Community Jam	27	28
29	30	31				



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